



Today's Date: _____

Insurance ID# _____

Mobile Number:
() _____

Home Phone Number: () _____

Email: _____

NEW PATIENT INFORMATION

All questions contained in this form(s) are strictly confidential and will become part of your medical record.

| | | | |
|--|---|---|---------------------------|
| Name: | Last Name: | Gender <input type="checkbox"/> M <input type="checkbox"/> F | DOB: |
| Address Number: | Street Name | City: | State: Zip: |
| Marital status: | <input type="checkbox"/> Single <input type="checkbox"/> Partnered <input type="checkbox"/> Married <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed | | |
| Primary doctor: Phone Number:() _____ | Previous Psychiatrist or Referring doctor: Phone Number: _____ | Name of Psychotherapist: _____ Phone Number: _____ | |
| In case of Emergency, who should be notified? | Phone Number: | Relation to Patient: | |

HEALTH HISTORY/MENTAL HEALTH HISTORY

MEDICAL REVIEW: PLEASE CHECK BELOW IF YOU HAVE HAD OR HAVE ANY OF THE FOLLOWING

| | | | | |
|---|--|---|--|------------------------------------|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Kidney problems | <input type="checkbox"/> Heart attack | <input type="checkbox"/> Cancer | <input type="checkbox"/> Skin |
| <input type="checkbox"/> Ulcers | <input type="checkbox"/> Diabetes | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Chronic headaches | <input type="checkbox"/> Head/Neck |
| <input type="checkbox"/> Thyroid problems | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Low blood pressure | <input type="checkbox"/> Colitis | <input type="checkbox"/> Lungs |
| <input type="checkbox"/> Back | <input type="checkbox"/> Intestinal | <input type="checkbox"/> Circulation | <input type="checkbox"/> Bladder | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Flu | <input type="checkbox"/> E. Coli | <input type="checkbox"/> Confusion | | |
| <input type="checkbox"/> COPD | <input type="checkbox"/> Schizophrenia | <input type="checkbox"/> Fibromyalgia | | |
| <input type="checkbox"/> Ears | <input type="checkbox"/> Intestinal | <input type="checkbox"/> Energy level | | |
| <input type="checkbox"/> Nose | <input type="checkbox"/> Zika Virus | <input type="checkbox"/> Ability to sleep | | |
| <input type="checkbox"/> Throat | <input type="checkbox"/> Bowel | <input type="checkbox"/> Other pain/discomfort: | | |
| <input type="checkbox"/> Menopause symptoms | <input type="checkbox"/> Circulation | <input type="checkbox"/> MS symptoms | | |

List any medical problems that other doctors have diagnosed:

Have you ever had a blood transfusion? Yes ___ No ___ When: _____

Surgeries

| Year | Reason | Hospital |
|------|--------|----------|
| | | |
| | | |

Name of Patient (please print): _____

Other hospitalizations

| Year | Reason | Hospital |
|------|--------|----------|
| | | |

Patients Name:**List your prescribed drugs and over-the-counter drugs, such as vitamins and inhalers**

| Medication Name | Strength | Frequency Taken |
|-----------------|----------|-----------------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |


Allergies to medications

| Name the Medication | Reaction You Had |
|---------------------|------------------|
| | |
| | |

HEALTH HABITS AND PERSONAL SAFETY

| | | | | |
|-----------------|---|---------------------------------------|---------------------------------------|--|
| Exercise | <input type="checkbox"/> Sedentary (No exercise) | | | |
| | <input type="checkbox"/> Mild exercise (i.e., climb stairs, walk 3 blocks, golf) | | | |
| | <input type="checkbox"/> Occasional vigorous exercise (i.e., work or recreation, less than 4x/week for 30 min.) | | | |
| | <input type="checkbox"/> Regular vigorous exercise (i.e., work or recreation 4x/week for 30 minutes) | | | |
| Diet | Are you dieting? | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | If yes, are you on a physician prescribed medical diet? | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | # of meals you eat in an average day? | | | |
| | Rank salt intake | <input type="checkbox"/> Hi | <input type="checkbox"/> Med | <input type="checkbox"/> Low |
| Rank fat intake | <input type="checkbox"/> Hi | <input type="checkbox"/> Med | <input type="checkbox"/> Low | |
| Caffeine | <input type="checkbox"/> None | <input type="checkbox"/> Coffee | <input type="checkbox"/> Tea | <input type="checkbox"/> Cola |
| | # of cups/cans per day? | | | |
| Alcohol | Do you drink alcohol? | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | If yes, what kind? | | | |
| | How many drinks per week? | | | |
| | Are you concerned about the amount you drink? | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Have you considered stopping? | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Have you ever experienced blackouts? | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Are you prone to "binge" drinking? | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Do you drive after drinking? | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Tobacco | Do you use tobacco? | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | <input type="checkbox"/> Cigarettes – pks./day | <input type="checkbox"/> Chew - #/day | <input type="checkbox"/> Pipe - #/day | <input type="checkbox"/> Cigars - #/day |
| | <input type="checkbox"/> # of years | <input type="checkbox"/> Or year quit | | |
| Drugs | Do you currently use recreational or street drugs? | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Have you ever given yourself street drugs with a needle? | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Have you experience any Trauma? Briefly explain | | | <input type="checkbox"/> Yes <input type="checkbox"/> No |

Name of Patient (please print): _____

| | | | |
|---|---|------------------------------|-----------------------------|
|  | Have you been physically/verbally abuse? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| | | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| | Illness related to the Human Immunodeficiency Virus (HIV), such as AIDS, has become a major public health problem. Risk factors for this illness include intravenous drug use and unprotected sexual intercourse. Would you like to speak with your provider about your risk of this illness? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Personal Safety | Do you live alone? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| | Do you have frequent falls? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| | Do you have vision or hearing loss? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| | Physical and/or mental abuse have also become major public health issues in this country. This often takes the form of verbally threatening behavior or actual physical or sexual abuse. Would you like to discuss this issue with your provider? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

HISTORY OF MENTAL HEALTH PROBLEMS IN YOUR FAMILY

| AGE | PROBLEM/DIAGNOSIS |
|----------------|--|
| Father | |
| Mother | |
| Sibling | <input type="checkbox"/> M <input type="checkbox"/> F |
| Other: | |

| | | |
|---|------------------------------|-----------------------------|
| Is stress a major problem for you? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| What stresses you the most? | | |
| Do you feel depressed? How long have you been feeling depressed? _____ | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Do you panic when stressed? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Do you dislike yourself? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| If you feel angry, do you tend to keep quiet about it initially, but later erupt and really lose your temper? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Have you experienced repeated or unexpected "attack" during which you suddenly are overcome by fear for no apparent reason | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Do you have upsetting or distressing thoughts, impulses, or images that happen in your mind over and over again? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Do you have a hard time stopping yourself from doing certain things repeatedly, such as: checking things, washing your hands, re-arranging objects, repeating things until it feels "right", collecting useless objects, and or repeating words silently? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Has there ever been a period of time when you felt so good or so hyper that other people thought you were not your normal self or you were so hyper that you got into trouble? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Have you ever spent money on things you didn't need and got your or your family into trouble? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Do you have feelings of guilt or remorse after overeating? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Do you cry frequently? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Have you ever attempted suicide? How long ago _____ Was this your first time _____ If No how many other times have you attempted suicide? _____ What made you change your mind? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Have you ever seriously thought about hurting yourself? Please explain. | | |
| Have you ever thought of hurting someone else? Any mental health hospitalization or Rehabilitation? ___Yes ___No How long ago? _____ | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Do you have trouble sleeping? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Have you ever been to a counselor? How long ago? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |

Name of Patient (please print): _____



Please use this page to write any additional information you may feel is important.

CONFIDENTIAL

*"Where Transformation begins
By changing lives forever"*

Note: Please make sure that your name appears in each page

Name of Patient (please print): _____



Please check all that apply to you:

- Depressed**
- Sadness**
- Crying Spells**
- Loss of Interest**
- Anxiety**
- Panic Attack**
- Irritability**
- Rages**
- Fearfulness**
- Feelings of hopelessness**
- Feelings of helplessness**
- Insomnia**
- Hypersomnia**
- Fatigue**
- Forgetfulness**
- Poor concentration**
- Headaches**
- Blurred vision**
- Constipation**
- Diarrhea**
- No appetite**
- Increased appetite**
- Bingeing**
- Thoughts of Suicide**
- Purging Nausea**
- Vomiting**
- Low energy**
- Excessive Energy**
- Risky Activity**
- Weight loss**
- Weight gain**
- Muscle aches**
- Stomach pain**
- Sexual dysfunction**
- Hallucinations**
- Paranoid thinking**
- Obsessive Worry/Habits**
- Guilt**
- Impulsivity**
- Sleep changes**
- Avoidance**
- Racing Thoughts**
- Suspiciousness**

Name of Patient (please print): _____